K-Love is a very positive station—it touches you when you need to be lifted up. I know there are other christian stations here in the des moines area, but K-Love is the one station that has minister on staff 24 hours a day. If someone needs to talk to them they will be there to listen and help. this station ministers to all who listen, whether you just need a little pick me up or you feel that you are at the end of your ropes and nobody cares, a song will come on and help you see that it is not hopeless, that Jesus cares. We need this station, you need this station. Take time to listen.